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Autumn 2020





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President:
 Mary Narvell

Newsletter Manager:
 Claudia Marchetti

Advertising Manager
 Elisabetta Astolfi

Newsletter Enquiries:
newsletter@kcwc.org.uk

General Enquiries:
info@kcwc.org.uk

www.kcwc.org.uk

SEPTEMBER–NOVEMBER TABLE OF CONTENTS

CLUB NEWS & EVENTS

President's Message.....2
 Activity Leaders Update4
 New Members' Corner.....5
 September General Meeting...6
 Speaker Series
 October General Meeting.....7
 Speaker Series
 November General Meeting ..8
 Speaker Series
 Speaker's Corner.....9
 How to get involved.....13
 Member Benefits.....14
 Calendar.....24–27

ACTIVITIES

After Six in the City.....16
 Antiques & Design.....17
 Art History19
 Asian Culture22
 Bark in the Park.....22
 Bible Study22
 Book Group.....22
 Bridge23
 British History23
 Classical Music & Opera30
 Contemporary Arts30
 Country Walks30
 Creative Arts.....30
 Dancing Together31

Empty Nesters.....31
 Evening Speaker Series.....31
 Foodies.....31
 Glorious Gardens32
 Golf.....33
 Healing Arts33
 Hospitality.....34
 Languages.....35
 London Walks.....36
 Mahjong Mornings37
 Study of Buddhism.....38
 Tennis38
 Theatre38
 Travel Group39
 Wine Society39

MEMBER INFORMATION

KCWC At-A-Glance11
 Member Information12
 New to KCWC13
 KCWC Online Resources..40
 Members' Creative41
 Corner
 Cookery Corner42
 Advertising Information.....46
 & Copy Deadline
 Contact Information47
 (Board)
 Ad Index.....48

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PRESIDENT'S MESSAGE

As I write my first President's message, it is July. London is lifting its lockdown. Many of us who have been living like moles and taking Vitamin D are eager to embrace life again. A carefree mindset free of apprehension feels a lost luxury. Everywhere one turns, there is uncertainty. It is no surprise KCWC is grappling with the same.

That said, a few things are certain. KCWC never shuttered throughout lockdown but blazed a trail many organisations envied. We offered an unprecedented number of Zoom lectures including a June General Meeting Speaker Series. We Kept Connected With Computers entertaining and supporting our membership. We managed to launch a new website. And we are now working with a full new Board and tireless volunteers anxious to showcase everything London has to offer.

I am proud to return to the KCWC Presidency after a long hiatus and grateful to follow Theresa Klassen's steady hand. Those who served with her, and whom she served, appreciate leading a social organisation is not easy. To do so while emphasising social distancing defines challenging. Yet here we are ready to embark on a new season complete with a variety of activities I hope our loyal members will support and invite friends to join.

Still I must address some inconvenient truths. Has it been easy to plan in a pandemic? No spoiler alert that even a Seer is daunted to predict if a drawbridge to our venues will be up or down. Tough too measuring the temperature of our members – literally and figuratively – to attend events. Might we have to be flexible and brace for some limitations or disappointments? Probably. Are we begging your patience? Well, KCWC cannot survive without the support and involvement of our members.

What does all this mean, then, as we enter the 2020–21 season, our 38th year. We look and function better than ever before thanks to the new www.kcwc.org.uk. Putting the wellbeing of our membership first, the RGS is generously and carefully working with us to promote monthly speaker meetings that will be a hybrid of Zoom and attendance. So too some of our activities will start later in the day to facilitate off peak transport to venues or utilise Zoom. This technology is reconnecting us with members who have moved on from London. They log in from all over the world still hungry for what KCWC provides: Bringing the Bespoke Best to Our Membership.

Above all, KCWC has been listening to you and adapting to your preferences as we evolve. To that end, we are reviving our standard of memorable guests speaking to you directly not via interview. An invitation to address our membership remains coveted. Thanks to our tireless Programmes Committee, I can announce a full slate of prominent speakers who have accepted through June 2021: Leading City banker Marisa Drew; author and historian Earl Spencer; charitable leader Kate Stephens of Smart Works; Cartier descendant Francesca Cartier Brickell; Lebanese journalist Dr Zahera Harb; former Shadow Education Secretary now Director of the V and A Museum Dr Tristram Hunt; London Business School

organizational theorist Lynda Gratton; renown wildlife photographer Roger Hooper; and to celebrate HM the Queen at 95, we will host royal biographer Robert Hardman at our June lunch. These leaders in their respective fields will be taking a podium to address the most curious and informed women's audience in London. Stay tuned too as we may surprise you with some bonus monthly speaker meetings cementing KCWC as the go to space for quality topical programmes. Rest assured our drive to deliver for our members is not paralysed by a pandemic. As a friend of the Club told me "KCWC will never quit. We're British!"

I will close with an admission: I love KCWC. When I arrived in London 20 plus years ago, this Club welcomed me. It introduced me to the best in a country I had long yearned to call home. And I made lifelong friends through its activities and volunteering. It is no offhand cliché to say I owe it a great deal. With some luck, grace, and wit, I am committed to pay that debt by taking the mantle as its most exuberant cheerleader. Believe me, no one does the job of promoting Engagement, Erudition and Excellence better than KCWC. And nowhere will you meet so many marvellous multi-cultural women. I look forward to welcoming you all. Never hesitate to email me with any concern, complaint or dare I hope a compliment! I promise you will receive a prompt reply. You will always have my ear, and my spirit, as I work to motivate the Board and Activity volunteers to write another fabulous chapter in our club's future history.

Mary Narvell
President KCWC
president@kcwc.org.uk

GENERAL MEETING SPEAKER SERIES DATES AND SPEAKERS 2020–21

Tuesday 15 September via Zoom
Marisa Drew, CEO Impact Advisory & Finance, Credit Suisse Women in the City

Thursday 8 October RGS:
Charles Spencer, 9th Earl Spencer
"The White Ship"

Thursday 5 November RGS or Zoom:
Kate Stephens, CEO of Smart Works
Challenges in the Charity Sphere

Thursday 3 December TBC via Zoom:
Francesca Cartier Brickell *"The Cartiers – The Untold Story of the Family Behind the Jewelry Empire"*

Thursday 14 January RGS or Zoom:
Dr Zahera Harb – The Journalistic View of the Crisis in Lebanon

Thursday 4 February RGS or Zoom:
Dr Tristram Hunt, Director of Victoria and Albert Museum

Thursday 4 March RGS or Zoom:
Lynda Gratton, LBS Organisational Theorist The Future of Work

Thursday 6 May RGS
Roger Hooper, Wildlife Photographer

Thursday 3 June TBD
Robert Hardman, Royal Biographer at our June Lunch



ACTIVITY LEADERS' UPDATE

Good morning

I am Sandy Thwaites and I will be filling the role of ALL for the club membership.

I would like to firstly thank Marion Burmester-Campbell, one of our **Art History** Activity Leaders, for her hard work in organizing events for the club. Marion is currently recovering from a nasty fall which has left her with a fractured ankle in 3 places and damage to the tibia bone. Her recovery will unfortunately be slow due to the severity of her injury. We wish her well and hope to see her back in the club next year.

I would also like to thank Susan Rusbasan for giving her time as AL for **Techy Teas**. Susan is currently in the United States and we hope to see her back in London next year. We hope to be able to offer the programme again in the near future.

As I am becoming more familiar with the role of ALL I would like to thank Marian Vobach for her assistance with this process.

There are several activities we would like to offer our current membership which will require Activity Leaders (AL) and for which we are looking for volunteers. So please, consider stepping up! The AL position is for members who enjoy organising events and perhaps have a passion to share with the club. Members are encouraged to either organise events by themselves or share the work with a friend.

Photography – London offers a wide range of photo opportunities, for which someone with a developed interest in photography could be an ideal AL.

Interior Design – An opportunity to share an interest with other members and perhaps visit the historic interiors of London buildings.

Bark in the Park – Gathering members with their canine companions together to explore the many unique walks and trails of London.

Our top priority right now is to ask someone from the membership to step forward and help with organising the **Volunteers for Charity**. I would like to thank Anne Coutant and Susanne Schulz for their contributions in helping the charities which have come to depend on **KCWC**. This is a long-established club programme whereby members assist with the *Foodbank* in Wandsworth, *The Passage to ending Homelessness*, reading to children through *Doorstep Library* and *Befriending Plus* to support the elderly. Anyone who has helped with programmes like this in the past will be aware of the positive impact on the local community that the provision of food for families, support for the homeless, connecting with the lonely elderly and sharing a love of books and reading with children can effect. Beneficiaries include families who struggle to feed their children, school children who are hungry in class or elderly residents who cannot leave their homes due to mobility issues.

Please share your considerable knowledge and experience by becoming an Activity Leader.

Many thanks,

Sandy

The **KCWC** ALL Team

Sandy Thwaites – *Activity Leader Liaison* activity@kcwc.org.uk

Cheri Lofland & Claudia Marchetti – *Activity Publishing*

ActivityPublishing@kcwc.org.uk

Maria Puleio – *General Meeting Organiser* GMOrganiser@kcwc.org.uk



Maria Puleio

NEW MEMBER'S CORNER

KCWC is delighted to welcome several new members to our Club. While it is hard for us to assemble and greet you personally, social distancing does not diminish our enthusiasm to introduce you to all that KCWC has on offer and to help you make friends in our organisation. To that end, KCWC hosts two New Member Coffees every season By Invitation Only to those ladies who have recently joined. This season please diary **Wednesday 7 October** where we will meet and greet you at the Royal Thames Yacht Club – details in the invitation you will receive. Attendance numbers permitting, the Board hopes to invite some of our Activity Leaders to explain their interest areas. This is always a lovely event with a particularly British welcome surprise offered right outside the venue's windows at just about 11:00am! We do so hope we will all be able to meet on 7 October.



Amanda Thompson

If you have any questions about your KCWC membership, please get in touch with us.

Thank you,

Your Membership Team

Maria Puleio & Amanda Thompson

members@kcwc.org.uk

SHARE YOUR KCWC PHOTOS

Do you have photos from a KCWC Activity or Special Event? If you would like to share your photos on the Club's Website and Facebook page and in the Newsletter, email:

Social_Media@kcwc.org.uk

SEPTEMBER GENERAL MEETING SPEAKER SERIES

Tuesday 15 September 2020

10:15am – 12:00pm

(Please note this is a virtual meeting and will occur via Zoom)

GUEST SPEAKER: MARISA DREW

We kick off our 2020–21 General Meetings Speaker Series thrilled to feature an accomplished woman sharing her story with us. Join us via Zoom to welcome **Marisa Drew**, CEO of Credit Suisse's Impact Advisory and Finance Department. Long an outspoken advocate for gender parity at international symposia on the particular struggles women face in work-life balance, Ms Drew understands the challenges having successfully risen in one of the most male-centric marketplaces – Banking. She'll share some “lean in” moments while introducing us to sustainable and impact investing – her specialist field, attracting a generation who seeks more purposeful and responsible finance.



Marisa Drew

A graduate of the Wharton Business School at the University of Pennsylvania, Ms Drew was first named in the *Financial News Top 100 Most Influential Women in Finance in 2007* and annually to 2018. In 2013, Radio 4 featured her on *Woman's Hour* when she was recognised by the BBC as one of the “Most Powerful Women in Britain”. We are thrilled a veteran of impressive panels from the World Bank to the Milken Institute accepted our invitation to address our own membership of impressive women!

“The people who are successful are usually those who are really dedicated and who have that passion.”

Marisa Drew

Please note: A Zoom link will be published on our website and in the eNews preceding this General Meeting Speaker Series.

OCTOBER GENERAL MEETING SPEAKER SERIES

Thursday 8 October 2020

10:30am – 12:30pm

The Royal Geographical Society
1 Kensington Gore, London SW7 2AR
(Closest tube: South Kensington or High Street Kensington)

GUEST SPEAKER: CHARLES SPENCER

It is always a pleasure for KCWC to welcome **Charles Spencer**, 9th Earl Spencer back to our podium as a longtime and generous friend of our organisation. He returns to discuss his latest book *The White Ship* which he describes with characteristic wit as “a cross between *Titanic* and *Game of Thrones* – with a slice of *Sliding Doors*...!”

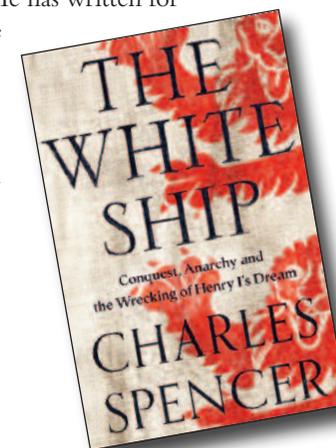
Lord Spencer has authored seven non-fiction books including “Killers of the King”, the second-highest selling history book in the UK in 2014 and the subject of his last talk to KCWC. In addition to his work as an historian, Lord Spencer was a correspondent on the prestigious and popular *Today Show* broadcast on the US television network NBC, before work as a reporter for Granada Television. He was the writer/presenter of a 12 part documentary *Great Houses of the World*, a subject with which he has personal familiarity as the steward of one of England's greatest stately homes, Althorp. He has written for *The Guardian*, *The Daily Telegraph* as well as *Vanity Fair*. Active in many charitable causes, Lord Spencer's work for humanitarian organisations globally is well known.

Charles Spencer was educated at Eton and Oxford University earning his MA in Modern History. He has seven children and two stepchildren, and is the brother of the late Diana, Princess of Wales.

Signed copies of Lord Spencer's book will be available for advance purchase. Details will be published in the eNews nearer to the date.



Charles Spencer



NOVEMBER GENERAL MEETING SPEAKER SERIES

Thursday 5 November 2020
10:00am – 12:00pm

The Royal Geographical Society
1 Kensington Gore, London SW7 2AR
(Closest tube: South Kensington or High Street Kensington)

GUEST SPEAKER: KATE STEPHENS

“For me, every single day is about helping other women and that’s a privilege.”

Kate Stephens

Our November guest, **Kate Stephens**, has graciously accepted a second invitation to address KCWC after her original May appearance was a victim of Covid-19 cancellation. We are therefore doubly delighted to welcome her to speak.



Kate Stephens

Kate Stephens was a director at one of the country’s largest PR firms when she decided to follow her father’s advice: “Do what you love”. So, in 2014, she transitioned to the charity sector and became the CEO of Smart Works, a UK charity that provides dressing and coaching services for unemployed women. Its ethos is simple: through careful collaboration, the transformative power of clothes is used to boost self-confidence and propel women back into the workplace. With clients referred from job centres, shelters, mental health charities and The Prince’s Trust, Smart Works leads women lacking self-esteem to find relief from their anxiety through styling, coaching and interview consultations. Now in multiple cities throughout the country, and heralded in 2017 as Social Action Charity of the Year, Smart Works has achieved impressive results that Ms Stephens will share with us along with her own story.

“There’s this magic moment when they look in the dressing room mirror, they smile and think ‘I can do this.’”

Kate Stephens

SPEAKER’S CORNER

We invited our November speaker Kate Stephens, CEO of the charity Smart Works to be the first contributor to a new feature “Speaker’s Corner” we hope to include in the newsletter going forward. We thank her for this article and look forward to her talk.

NECESSITY IS THE MOTHER OF INVENTION – THE SMART WORKS RESPONSE TO COVID-19

Kate Stephens, Smart Works CEO.

The start of lockdown presented almost unthinkable challenges to everyone in society, and that was absolutely the case at Smart Works.

Our charity exists to give women the clothes and the confidence they need to succeed at their interview and transform their lives. At the heart of our service is the moment when a woman walks into one of our centres to be met with a welcoming smile, a cup of tea and most importantly, the undivided attention of our stylists and interview coaches. We take the weight off her shoulders and she begins to see the possibility that maybe, just maybe, she can succeed. We are so proud that 65% of our clients get a job offer within a month of their visit, despite many previous rejections and set backs.

We had never given any thought as to how we might do this without meeting our clients in person. Why would we? It was unthinkable to us. However, as the news of lockdown hit on 17 March, we knew that we had to come up with an answer, and quickly. We had a lot of women, in particular young women from disadvantaged backgrounds, who were booked in to see us to help them secure potentially life changing summer internships. We knew we had to find a way to support them, and so, faced with what we considered a necessity – to help those who had asked us for help – we started to think the unthinkable.

We would move our service virtual. The coaching could take place online, and we had enough dedicated volunteers living local to our centres in West and North London to come in and make up wardrobe parcels, which could be dispatched to those in need. Almost overnight the Smart Works virtual service was born. It has been thoughtfully refined and added to as the weeks have gone on: each client now gets a handwritten note from the stylist who picks out her outfit; somehow the team have found a way to sort the logistics so that a client can have a virtual dressing and see into the wardrobe; and we’ve made sure to add some treats and accessories into each package so that every woman feels cherished. We’ve also had the wisdom and optimism of our Board to guide us through – led by our Chair and founder, Juliet Hughes-Hallett, who has been in constant touch and kept us focused and calm in the face of a constantly shifting landscape.

As a result, in the space of just five months we have sent out over 250 parcels and given over 450 hours of support. Getting the service up and running has not been without its challenges, but the best volunteer team in London have kept us going, and even through the

Continued on page 10

hardest moments we've heard the most incredible stories. Above all, I'm proud to say that there hasn't been a single day since lockdown when we haven't been helping women.

One moment that was particularly wonderful was when our Patron, The Duchess of Sussex, dropped into one of our online coaching sessions to offer some interview coaching advice. The client was truly inspired (not to mention the fact that she handled the surprise of suddenly speaking with The Duchess with incredible accomplishment). She went on to get her internship, and just a few weeks ago she called to thank us again and tell us that she'd secured a second internship later this year.

In mid-July, we re-opened our London centres and we are now slowly starting to see clients in person again. But we haven't stopped offering our virtual service. It is an innovation that we will hold on to, and whilst it will always be our preference to welcome a woman into one of our centres (such as our West London home at St Charles's, Ladbroke Grove), virtual service delivery allows us to take our support further into the community.

We've learnt so much since March, and our Smart Works community is, in many ways, stronger than ever. We've learnt innovation out of difficulties. We've learnt to connect with the truism that so many women instinctively understand: that necessity really is the mother of invention. There are so many more challenges ahead but I hope that the resilience, passion and pragmatism that have guided us so far will keep us going strong into whatever else 2020 has up its sleeve.

KCWC AT-A-GLANCE

GENERAL MEETING SPEAKER SERIES



KCWC General Meeting Speaker Series are usually held on the first or second Thursday of a month. The location and event details are published in the Newsletter, eNews and on the Website, www.kcwc.org.uk. Join us to listen to our fascinating speakers while enjoying coffee with friends and Activity Leaders. Our General Meeting Speaker Series are free to members and open to guests for a small admission fee.

Polite Reminder: Our Speaker Series meetings and many lectures take place in private member clubs. Regrettably, these venues do not permit babies or children to attend. Please respect the dress code of no denim, trainers, or flip flops as well as refrain from mobile phone use or the consumption of food or drinks brought from outside the venue.

Have a friend who is interested in attending the General Meeting Speaker Series? Guests are welcome at General Meeting Speaker Series. The guest fee is £15.00, **redeemable if joining on the day.**

SIGNING UP AND PAYING FOR ACTIVITIES



Online – The new user friendly KCWC website allows members to register and pay for activities directly. Our previous system of needing to contact the Activity Leader via email for an Activity Reference Number is now a relic of the past! Simply log into www.kcwc.org.uk and explore the many activities and events

available to you as a member. Then choose your activity(ies), add to your Shopping Cart and follow directions for payment. Both debit and credit cards are accepted with no additional charges incurred for credit card use. You will receive a receipt email confirming your purchase and listing the activity details. The email address of the Activity Leader is available. Please always feel free to email her with any questions you may have before or after registration/payment.



Offline – KCWC will continue to allow for some activity registration and payment at our General Meeting Speaker Series directly to the bookkeeping desk either with cheque, debit or credit card. However please be advised that we are attempting to move away from in person registration in favour of a website based only registration and payment system.

Please Note – Your place for any KCWC activity or event is only guaranteed by payment. **Refunds are not made by KCWC** if you cannot attend an activity. However, you may be allowed to find a member to take your place and who may reimburse you directly for your paid costs. Please notify the Activity Leader if you intend to resell your place so that her attendance list is accurate. Permission from the Activity Leader is required before registering/purchasing a place for a guest or non-KCWC member.

Penalty – There is a **£20.00 charge for violation of this guest policy and for all stopped or insufficient fund cheques.**

MEMBER INFORMATION

NEW MEMBERS/RENEWALS

Annual dues are £115.00 plus a one-time £15.00 administration fee for new members. You can join KCWC or renew online at www.kcwc.org.uk. Membership forms are available on our website. Fill in the application and provide payment via a debit or credit card. To join offline, or renew your membership in person, you may attend a General Meeting Speaker Series and visit the bookkeeping desk where payment can be provided by cheque though preferably a debit or credit card. Alternatively, please complete the membership application and include your cheque made out to KCWC and post it to our bookkeepers: **A/C Bookwise, Lavender House, 172A Toms Lane, Kings Langley, Herts WD4 8NZ.**

A new membership is effective for 12 months from the date that payment is processed or a member ID number is issued, whichever occurs first. Subsequent renewals are effective for 12 months from the original expiration date. Members who renew up to three months after their expiration date will be considered to be renewing retroactively to their last expiration date. After three months the payment will be considered to be for a new membership and will incur a £15.00 administration fee. Please note that dues are non-refundable and membership is non-transferable.

MEMBERSHIP CARDS



Membership cards are useful for attending our General Meeting Speaker Series and whenever it is necessary for you to prove a valid up to date Club membership. For example, our Member Benefit Companies may request you show your KCWC membership card as proof you are a member in good standing and therefore eligible for the discounts they offer us exclusively.

Membership cards are currently mailed as an insert into our newsletter. However, KCWC is working to provide these online on completion of your paid application. Please consult members@kcwc.org.uk with any questions or information about your membership cards.

MOVING HOUSE?



If you have a change of address, do be sure to notify members@kcwc.org.uk. Newsletters are sent only to UK addresses. If you are moving abroad, you can access KCWC newsletters on our website until your membership expires.

QUESTIONS?



Please email members@kcwc.org.uk.

New to KCWC?

Here are our top tips to help you join in as a new member and begin enjoying all that London has to offer!



- Glance at the KCWC At-A-Glance page. You'll find practical information about the club.
- Read the Hospitality Section of our newsletter. This group's goal is to welcome you specifically as a new member and make you feel a special part of our Club. Discover London neighbourhoods at our Coffee Mornings and Happy Hours. Be on the lookout, too, for an invitation to our twice yearly New Member Coffees designed to introduce you to KCWC and all its offerings.
- Attend a General Meeting Speaker Series. This is the best way to meet members while hearing fantastic speakers in prestigious venues. Please join the lunch that often follows a meeting. They are a great way to make friends and enjoy some great restaurants.
- Check out the coming month's Activities. Do not hesitate to sign up for any and all that interest you. They can sell out quickly. Always please let an Activity Leader know you are a new member. She will introduce you and help you feel especially welcome.

HOW TO GET INVOLVED

KCWC is always on the lookout for new enthusiastic volunteers be it to co-lead an activity or to serve on the Board. Getting involved in our Club and our community is a rewarding and fun experience as well as a great way to meet other members. If you wish to hear more about how you can get involved in KCWC, please contact vp@kcwc.org.uk. If your interests lie specifically in volunteering to start an activity area or help lead one, please contact activity@kcwc.org.uk.



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Official page: www.facebook.com/kcwc.kcwc

Twitter name: [@kcwc_womensclub](https://twitter.com/kcwc_womensclub)



Instagram name: **kcwcWomensClub**

kcwc members only group:

https://www.facebook.com/pg/kcwc.kcwc/groups/?ref=page_internal

MEMBER BENEFITS

Dear Ladies,

I'm delighted to introduce our new enticing Member Benefits Partners!

Please find below the comprehensive list of our new entries together with the updated offers from our continuing ones.

NEW MEMBER BENEFIT PARTNERS

Soneva is a pioneering family of hospitality properties and products, offering holistic encounters in luxurious and inspiring environments – from world-class hotels to outstanding natural locations. Combining luxury with a conscientious approach to sustainability and the environment, and proactively changing the nature of hospitality, it delivers intuitive service and meaningful experiences to the guests.

Contact jeremy.ambassador@soneva.com for further details on the amazing partnership offer which we have curated exclusively for KCWC members.

The Franklin Hotel is set in an elegant Victorian building nestling in the lush beauty of the private Egerton Gardens, combining the warmth of a private home with the impeccable service of a luxury hotel. Celebrity designer Anouska Hempel has merged the charm of an English house with the magic of Italian design, the result being a unique original style that has transformed the Franklin into one of the most outstanding 5-star boutique hotels on the London scene. 20% discount applies to food & beverage for the KCWC Ladies.

The Private Clinic of Harley street invites KCWC members to enjoy a complimentary/free skin peel and consultation with our expert Skin team located at 98 Harley street, W1. The Private Clinic is a multi-award-winning provider with over 35 years' experience. Call 0203 3256 6524 and mention KCWC.

Royal Selangor Pewter (UK) Ltd manufacturer of stylish gift-ware, lifestyle and brand collections combined with Comyns Silverware featuring home décor and animal figurines in sterling silver would like to offer an exclusive 15% discount to all members of KCWC.

Beauty By Nicole Fenton is a quaint, quiet professional beauty salon offering a full range of services. Nicole has over 30 years of experience in the beauty world. Her specialties are facials, hair removal, and massage. She is offering 10% off treatments for KCWC ladies.

Minerva Tutors provides families with after-school tuition, homeschooling and expert education advice. We are offering all KCWC members 50% off academic assessments for children aged 6 to 11 taking 7+, 11+ and 13 + Pre Tests this academic year. Assessments include a detailed report and school recommendations from our highly experienced education consultants.

Joy Flanagan Design is pleased to offer members of the KCWC a free one hour design consultation. In addition they are delighted to extend a 15% discount for any member ordering bespoke curtains, blinds or soft furnishings.

The Marion Gluck Clinic was established in 2007. It is the UK's leading medical practice that specialises in the use of the Bio-identical hormones treating conditions such as Menopause, Andropause, Thyroid Dysfunction and PMS.

Through a personalised, professional and innovative approach to treatment, our aim is to provide a treatment plan tailored to your precise needs. They offer to KCWC members either a free Dermachron supplements × 6, free CurcuDyn Supplements × 10 or a free signed copy of the Dr Marion Gluck books.

Yhangry lets you host private chef dinner parties at home. From just £100, you can now have dinner in your home with 6 friends (groceries included!). You simply create your menu and we take care of the rest. Our private chefs cook everything fresh in your home. A 10% discount is offered to KCWC members.

CONTINUING MEMBER BENEFIT PARTNERS

Baglioni Hotel London, part of the Leading Hotels of the World, embodies sophisticated Italian hospitality in the heart of Kensington.

KCWC Members benefit from 20% off your total bill at Brunello Bar and Restaurant upon presentation of your valid membership card.

Not applicable in conjunction with other offers and for special events/menus.

Hala Health and Beauty offer the full range of non-surgical treatments to rejuvenate your skin, revitalise your well-being, and boost your confidence. KCWC members benefit from 20% off all services and courses, for as many treatments as they like.

BADA Friends offer exclusive visits to private collections, masterclasses and complimentary admission to many art and antique fairs. Go to www.bada.org/friends to find out more. KCWC members receive a £5 discount on joining. Membership can also make a great gift that lasts a whole year.

CAF, with over 20 years' experience, is the leading provider of philanthropy services for dual UK and US taxpayers. Their team of specialists will be with you every step of the way to guide you through your philanthropy journey, using their established and trusted service. Discover more at www.cafonline.org/cadf.

KCWC members are entitled to a free half-day advisory workshop to help support their giving.

KCWC invites you to patronise our special Member Benefit partners and show our gratitude for these bespoke discounts and services through your custom.

Elisabetta Astolfi
KCWC Advertising Manager

KCWC ACTIVITIES

Activity Leaders conceive, organise and coordinate all KCWC activities and registration sign ups. Please contact them at their specific activity address if you have interest or questions regarding their events.

Cancellation Policy: **KCWC has a No Refund Policy.** However, it is sometimes possible for a member to privately “sell-on” her space or request that an Activity Leader assist in filling your spot from a waitlist if you cannot attend. Please inform your AL as promptly as possible of your inability to be present on the day so that another KCWC member may be able to take your place.

Polite Reminder: Many lectures and meetings take place in private members clubs. Please adhere to their dress code of no denim, trainers or flip-flops. Also, please no outside food/drinks or mobile phone use in the venues.



Covid 19 Precautions: Please note that due to the social distancing requirements imposed by the presence of Covid 19, KCWC may occasionally offer an event virtually via Zoom. These online events require you have a reliable internet connection. A Zoom link specific to your activity will be emailed to you by the Activity Leader prior to the event. In most cases, KCWC will be using its own secure Club account for broadcast.

Similarly, as we continue to monitor government guidelines for those events we wish to enjoy in person, some venues may impose attendance limits. We apologise for any disappointment this may cause. KCWC is equally working to limit exposure while in transit to activities by offering later off-peak start times in consideration of member health and safety.

We regret any inconvenience this current uncertainty may cause and thank you for your patience and continued support during these challenging times.

After Six in the City

Activity leaders:

Jilly Ferrero

Lisa Woodcock

aftersix@kcwc.org.uk

aftersix1@kcwc.org.uk



We enjoy fun social events in the evenings. The group encompasses everything from fine dining to posh pubs, and activities such as cooking classes, sporting events and concerts.

We welcome your ideas for outings.

Antiques & Design

Activity leaders:

Annabelle Rayson

Mary Narvell

antiques@kcwc.org.uk

antiques1@kcwc.org.uk



‘Exploring Decorative Arts, Design, Vintage Clothing, Jewellery and Antiques. We offer expert lectures, visits to galleries and special exhibits around London and further afield’. Please, check on the website for upcoming events by Antiques and Design. Lots to come this season.

PRÊT-À-PORTER PEEK – A VISIT TO TWO DESIGNERS’ CLOSETS (VIRTUAL)

When: Wednesday 16 September, 4:15pm – 6:30pm

Where: Virtual lecture via Zoom

Cost: None

Activity Leader: Annabelle Rayson, antiques@kcwc.org.uk

Join Jo Dalton and Marina Pengilly as they take us on a closet tour. Jo, a successful tech entrepreneur and co-owner of Sign of the Time’s in Chelsea, will be showing us her gorgeous garments and favourite pieces. Next, we will virtually swing by to visit Marina, co-partner of Little Black Door, who will guide us through her glamorous gowns. Both ladies will offer insider fashion tips about what defines a classic, what should you look for in a special dress, and what is the best way to store your treasures in crowded London closets. Make a cup of tea or grab a glass of wine, sit back and watch as these two stunningly stylish gals reveal what is hiding in their closets. Antiques & Design is grateful to new member Rachel Ross for suggesting and organising this event.

HATS: CROWNING THE “NEW LOOK” IN FASHION’S GOLDEN AGE (VIRTUAL)

When: Thursday 24 September, 10:30am – 12:00pm

Where: Virtual lecture via Zoom

Cost: £15.00

Activity Leader: Mary Narvell, antiques1@kcwc.org.uk

Never let it be said KCWC does not roll with the punches. Despite the disappointment of the V&A Museum cancelling our long scheduled Handbag event, our ladies can still thrill to accessory design. I take my hat off to lecturer Anne Haworth who has substituted this Zoom lecture on 1950’s millinery style.

Hats were essential accessories of an elegant women’s persona in the post WWII golden age of fashion. Following the success of Christian Dior’s debut collection in February 1947, couturiers such as Balenciaga and Schiaparelli redefined the female silhouette. Hats were the crowning glory of this new look balancing the swirling skirts while complementing the svelte silhouettes of the era’s tailored styles. Discover why the hat can be the difference between being dressed and being dressed up.

“A hat is an expression of a woman’s soul. It is something that she wears on her head, but it belongs to her heart.”

Milliner Lilly Daché

QUEEN MARY’S COLLECTING – A TEA TIME TALK WITH THE BADA FRIENDS (VIRTUAL)

When: Wednesday 7 October, 3:30pm – 5:00pm

Where: Virtual lecture via Zoom

Cost: £15.00

Activity Leader: Mary Narvell, antiques1@kcwc.org.uk

Ten select spots are on offer from our friends at BADA to join lecturer Nicholas Merchant via Zoom. His topic will be Queen Mary’s love of collecting “her one great hobby.” Enjoying her legendary passion, Queen Mary worked tirelessly to augment and catalogue the Royal Collections. Indeed an invitation to a friend’s home was often a lesson in diplomacy if HM spied a particular bibelot she coveted!

The wife of King George V, Queen Mary was at birth a royal poor relation in a household short of money due to her mother’s unbridled extravagance. The daughter of Queen Victoria’s cousin and her husband Franz, Duke of Teck, Princess Mary was to see her life altered when the family escaped to Italy in poverty exile. However there she honed a fine taste and eye for artistic beauty. This guided her later in life when her marriage to the King definitely reversed her fortunes. Come discover what and how she collected and why the Royal Family owes her a debt for her zeal for antiques.

ALL THAT JAZZ – 1920S FASHION AND SOCIAL REVOLUTION (VIRTUAL)

When: Friday 16 October, 11:00am – 12:00pm

Where: Virtual lecture via Zoom

Cost: £10.00

Activity Leader: Annabelle Rayson, antiques@kcwc.org.uk

This Zoom lecture will examine the popular tastes and fashions which emerged during the 1920s against a background of political upheaval and sweeping social change. The jazz decade was personified by flapper freedom of movement borne of free-thinking and mores. From Coco Chanel to the Charleston, this talk will look at the era’s enigmatic personalities and players, designers and debutantes, and the daring styles that defined them.

Our presenter Jane Wilson is a writer and social historian who currently lectures at the Fashion and Textile Museum. She has published and lectured on women’s and fashion history at the National Army Museum (Women’s Civilian and Military Experiences During Wartime) as well as the Women’s Institute (Jazz Age Fashion) alongside her previous guided museum visits to KCWC (The History of Liberty, Missoni, and Zandra Rhodes).

MAHARAJAH JEWELS – A TEA TIME TALK WITH THE BADA FRIENDS (VIRTUAL)

When: Wednesday 4 November, 3:30pm – 5:00pm

Where: Virtual lecture via Zoom

Cost: £15.00

Activity Leader: Mary Narvell, antiques1@kcwc.org.uk

Our Friends at BADA are sharing 10 spots with us to hear decorative arts lecturer Nicholas Merchant. This month his topic is Jewels of the Indian Princes. As rich and splendid as European gems are, they pale in significance with the jewels of the Indian subcontinent. Worn in glorious and staggering profusion more often by men than women, it wasn’t this gender distinction alone that defined the Indian taste for jewellery. For millennia, stones were cut and set in traditional ways that differed greatly from the European manner. That is until Jacques Cartier arrived in India in the 19th century. Astute businessman that he was, Cartier recognised the potential to better showcase the ravishing beauty of Indian gems if Indian craftsmen could be educated in the European method and taste. The inherent magnificence of stones would be revealed changing forever the story of glamorous and spellbinding Indian jewels.

You don’t need to be a Maharani to discover how it felt to look like one!

FROM GARBO TO GARLAND – HOLLYWOOD MAGICAL STYLE (VIRTUAL)

When: Thursday 12 November, 10:30am – 12:00pm

Where: Virtual lecture via Zoom

Cost: Donation to speaker’s chosen charity as per description below.

Activity Leader: Mary Narvell, antiques1@kcwc.org.uk

Lights, Camera, Action! Following on from our earlier exploration of Picture Palaces, we invite you to experience Hollywood Glamour.

Historian Dr Geri Parlby joins us via Zoom to introduce the art and artifice of the early decades of Hollywood. She will explore the work of stills photographers, costumiers, and publicists. Naturally, the glittering stars of the Hollywood galaxy and the legendary movie moguls who controlled their universe will also be included.

Dr Parlby has graciously offered her services in support of her chosen charity the World Heritage Interpretation Centre under development in Tavistock. www.heritageintavistock.org

Art History

Activity leaders:

Susan Shriver

Susan Alloun

arthistory@kcwc.org.uk

arthistory1@kcwc.org.uk



Join us as we explore art throughout the centuries. We offer lectures, series, courses and museum/gallery visits in London and beyond.

MODERNISM AND DESIGN 1900–1935 (PART 1)

When: Tuesday 22 September, 11:00am – 1:00pm

Where: East India Club, 16 St James’s Square SW1Y 4LN

Cost: £27.00

Activity Leader: Susan Shriver, arthistory@kcwc.org.uk

This first of a 2-lecture series explores definitions of modernism in design from about 1900 to the years of the Bauhaus in Germany, from 1919 to 1933. We look at Belgian and French Art Nouveau, the Vienna Secessionists and the Dutch De Stijl group. We will see how varied these styles of “modern” design were. We are very fortunate to welcome back Megan Aldrich, a decorative art historian, to lead us on this series. Come along to one or both lectures.

A start time of 11:00am will facilitate off-peak transit. Join us at 10:30am for coffee if you can. We expect to complete at 1:00pm.

MODERNISM AND DESIGN 1900–1935 (PART 2)

When: Tuesday 29 September, 11:00am – 1:00pm

Where: East India Club, 16 St James’s Square SW1Y 4LN

Cost: £27.00

Activity Leader: Susan Shriver, arthistory@kcwc.org.uk

In our second lecture of this series, we will look at the luxury tradition of early 20th century interiors as reflected in the work of Paris designers. Based on the powerful tradition of 18th century design, mixed with the spice of Surrealism, the Art Deco style has become renowned for its deluxe “take” on Modernism. Other Paris-based designers, such as Eileen Gray and LeCorbusier, stood apart from the Art Deco group but created luxurious modernist furnishings. We welcome back Megan Aldrich, decorative art historian, to lead this series.

A start time of 11:00am will facilitate off-peak transit. Join us at 10:30am for coffee if you can. We expect to complete at 1:00pm.

RAPHAEL – THE ARTIST

When: Tuesday 6 October, 11:00 am – 1:00 pm

Where: East India Club, 16 St James’s Square SW1Y 4LN

Cost: £27.00

Activity Leader: Susan Shriver, arthistory@kcwc.org.uk

In recognition of the 500th anniversary of the death of Urbino-born artist, Raphael, this lecture will explore the art of the short-lived genius whose work represented a watershed moment in the history of painting’s stylistic development. Regarded as one of the great trio of Renaissance artists alongside Leonardo and Michelangelo, Raphael transformed himself and the art world over a short period. We will follow him through the astonishing changes and developments of his style as he moved from Perugia to Florence and then to Rome, where he died on Good Friday, 6 April 1520. In the 20 years of his painting life, Raphael succeeded in infusing his paintings with beauty and luminosity, making them a joy to behold.

A later start time has been organised to facilitate off-peak transit. Join us at 10:30am for coffee – the lecture will run from 11:00am – 1:00pm with a coffee break.

RAPHAEL – THE BROADER CONTEXT – NO MAN IS AN ISLAND

When: Tuesday 13 October, 11:00am – 1:00pm

Where: East India Club, 16 St James’s Square SW1Y 4LN

Cost: £27.00

Activity Leader: Susan Shriver, arthistory@kcwc.org.uk

Raphaelo Sanzio da Urbino, known as Raphael, lived at the glorious peak of Renaissance painting, sharing the era of fellow masters da Vinci, Michelangelo and Titian. Working from the centres of the period’s vibrant art world, Florence and Rome, Raphael’s work and career need to be understood in the context of his time and place. During the lecture, we will consider the world in which he trained as a young artist, comparing the responses his fellow artists had to his distinctive way of working.

Please register your interest on our website now. Payment will be taken on confirmation of the event, nearer to the date. A later start time has been organised to facilitate off-peak transit. Join us at 10:30am for coffee – the lecture will run from 11:00am – 1:00pm with a coffee break.

MADRID: A TASTE OF ART (PART 1)

When: Monday 16 November, 11:00am – 1:00pm

Where: East India Club, 16 St James’s Square SW1Y 4LN

Cost: To be confirmed

Activity Leader: Susan Shriver, arthistory@kcwc.org.uk

We have created a two-lecture series that will be a treasure hunt of some of the greatest galleries in the world including The Prado, The Reina Sofia and the Thyssen-Bornemisza. We are very lucky to welcome back one of our favorite lecturers and Spanish expert, Dr Jacqueline Cockburn. She will pick her top 10 favourite Spanish and international works from three of the major galleries in Madrid, all on Museum Street. She will unravel them, paying particular attention to technique and historical context. You are welcome to come along from 10:30am for coffee before the lecture begins. We have a later start time to avoid any conflict with commuters.

This course will lead, should you wish to come, to a follow-on trip to Madrid and Toledo next year on 18th–21st April 2021. This will take us to some of the hidden gems of Madrid, such as the newly-opened Palacio de Liria, with its wonderful collection; The Colnaghi Institute; and Sorolla’s house, as well as a fabulous tour of Medieval Toledo.

MADRID: A TASTE OF ART (PART 2)

When: Monday 23 November, 11:00am – 1:00pm

Where: East India Club, 16 St James’s Square SW1Y 4LN

Cost: To be confirmed

Activity Leader: Susan Shriver, arthistory@kcwc.org.uk

This is the second of a two-lecture series that will be a treasure hunt of some of the greatest galleries in the world including the Prado, the Reina Sofia and the Thyssen-Bornemisza. We are very lucky to welcome back one of our favorite lecturers and Spanish expert, Dr Jacqueline Cockburn. She will pick her top 10 favourite Spanish and international works from three of the major galleries in Madrid, all on Museum Street. She will unravel them, paying particular attention to technique and historical context. You are welcome to come along from 10:30am for coffee before the lecture begins. We have a later start time to avoid any conflict with commuters.

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Asian Culture

Activity leader:

Ramona Galardi

asianculture@kcwc.org.uk



We welcome anyone who is interested in ancient or contemporary Asian culture whether you wish to explore food, literature, art, movies, music and/or history.

Bark in the Park

Activity leader:

OPEN

barkinthepark@kcwc.org.uk



Come and join us with your dog and we can wander in and explore the lovely London parks. Even if you do not have a dog, you are welcome to come along. There are lots of lovely places to stop for a coffee along the way. It is a great way to start the day. Please email to register interest or just turn up.

Bible Study

Activity leader:

Patty Taylor

biblestudy@kcwc.org.uk



WEEKLY MEET UP

When: Thursdays, 10:30am – 12:30pm

Where: Rotating in members' homes

Cost: None, except occasional workbooks

Each week we review and discuss a self-contained Bible reading which allows for flexible attendance. We look forward to welcoming you to our group. We meet every Thursday but skip the Thursday scheduled for the KCWC General Meeting Speaker Series so as not to conflict.

Book Group

Activity leader:

Sarah Coleby

bookgroup@kcwc.org.uk



We are a group of book lovers who enjoy reading both fiction and non-fiction. We like to get together to discuss our reading and we like to invite authors to come and speak to our group. All are welcome. You do not have to be a regular book group attendee to join us, just someone who loves books and has good recommendations to make.

THE EASTERNMOST HOUSE BY JULIET BLAXMAND (VIRTUAL)

When: Wednesday 9 September, 2:00pm – 4:00pm

Where: Virtual discussion via Zoom

Cost: None

Activity Leader: Sarah Coleby, bookgroup@kcwc.org.uk

Within the next three years, Juliet Blaxland's home will be demolished, and the land where it now stands will crumble into the North Sea. In her numbered days living in "The Easternmost House", Juliet fights to maintain the rural ways she grew up with, reconnecting with the beauty, usefulness and erratic terror of the natural world.

THREE WOMEN BY LISA TADDEO (VIRTUAL)

When: Wednesday 14 October, 2:00pm – 4:00pm

Where: Virtual discussion via Zoom

Cost: None

Activity Leader: Sarah Coleby, bookgroup@kcwc.org.uk

Desire as we've never seen it before: a riveting true story about the sex lives of three real American women, based on nearly a decade of reporting.

All Lina wanted was to be desired. All Maggie wanted was to be understood. All Sloane wanted was to be admired.

Three Women is a record of unmet needs, unspoken thoughts, disappointments, hopes and unrelenting obsessions.

Bridge

Activity leader:

Katy Cooke

bridge@kcwc.org.uk



Are you a bridge player? If so we would love to hear from you. We are starting two social bridge games; one for newer players and one for intermediate players, both will take place in member's homes on Monday mornings. The aim is to have a fun, relaxed game and meet new bridge friends. The newer players will be playing ACOL whilst the intermediate players can choose between ACOL and 5 card majors.

British History

Activity leaders:

Marian Vobach

british@kcwc.org.uk

Stephanie Guyett

british2@kcwc.org.uk



The British History group presents lectures and walks that explore the history of London and Britain.

Activities continue on page 28

Accurate at time of publication. For the most up-to-date information, please check the activities calendar on www.kcwc.org.uk

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
	September 1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	October 1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18

Calendar continues on page 26

Calendar

October/November 2020

Accurate at time of publication. For the most up-to-date information, please check the activities calendar on www.kcwc.org.uk

Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
19	11.00am British History – Regency London Walk – History of London Series	21	5:45pm Foodies – Tasting Italy – Olive Oil (Virtual)	23	24	25
26	27	28	11:00am Languages – English Conversation (Virtual)	30	31	Nov. 1
2	2.00pm British History – Meet the Bloomsbury Set Lecture – History of London Series (Virtual)	4 3.30pm Antiques & Design – Maharajah Jewels – A Tea Time Talk with the BADA Friends (Virtual)	5 10:00am November General Meeting Speaker Series, RGS, Speaker: Kate Stephens	6	7	8
9	11.00am British History – Meet the Bloomsbury Set Walk – History of London Series	11	12 10.30am Antiques & Design – From Garbo to Garland – Hollywood Magical Style (Virtual) 11:00am Languages – English Conversation (Virtual)	13	14	15
11.00am Art History – Madrid: A Taste of Art (Part 1)	17	18	19	20	21	22
11.00am Art History – Madrid: A Taste of Art (Part 2)	24	25	26 11.00am Languages – English Conversation (Virtual)	27	28	29
30						

REFORMATION LONDON WALK – HISTORY OF LONDON SERIES

When: 22 September, 2:00 pm – 4:00 pm

Where: Meeting point to be confirmed upon registration

Cost: £20.00

Activity Leader: Stephanie Guyett, british2@kcwc.org.uk

In the period between the Norman Conquest and the reign of Elizabeth I, London became one of the great European cities. Dominated by the church and the monarch, it was a deeply unequal society. In London, 29 great monasteries owned a third of the land, while the monarch exerted his power from the Palace at Westminster and the Tower in the east. Medieval society was threatened by periodic uprisings of the commoners and came to an end with Henry VIII's Reformation. Our very own Tim Potter will explore this turbulent period as we walk to retrace some of the most tumultuous events of this period, starting from the centre of ecclesiastical power and ending with a memorial to those who died for their faith.

DR SAMUEL JOHNSON'S LONDON LECTURE – HISTORY OF LONDON SERIES (VIRTUAL)

When: 29 September, 2:00 pm – 3:30 pm

Where: Virtual lecture via Zoom

Cost: £12.00

Activity Leader: Stephanie Guyett, british2@kcwc.org.uk

In the mid-18th century, London was one of the premier European cities. Recovered from the Great Fire, its layout was recognisably modern and its inhabitants decidedly so. Philosophers, artists, economists and politicians were in intellectual ferment discussing how to live in a modern society. Samuel Johnson loomed at the heart of this debate as a towering figure. In this talk, Dr Johnson's significance will be explained by Tim Potter as he takes us on a virtual tour of the areas the writer frequented and the places that shaped him and his time in history.

DR SAMUEL JOHNSON'S LONDON WALK – HISTORY OF LONDON SERIES

When: Tuesday 6 October, 2:00pm – 4:00pm

Where: Meeting point to be confirmed upon registration

Cost: £20.00

Activity Leader: Stephanie Guyett, british2@kcwc.org.uk

Join our guide Tim Potter as we explore the hidden vestiges of Dr Johnson's London around Fleet Street. This area served as the cradle for the understanding of how London should move forward as a modern city. We will experience some of the most historic and beautiful parts of the City of London, full of hidden corners and atmospheric places.

As Dr Johnson is reputed to have said, "If you're bored of London, you're bored of life." And we're never bored of London!

REGENCY LONDON LECTURE – HISTORY OF LONDON SERIES (VIRTUAL)

When: Tuesday 13 October, 2:00pm – 3:30pm

Where: Virtual lecture via Zoom

Cost: £12.00

Activity Leader: Stephanie Guyett, british2@kcwc.org.uk

London in the period of 1780–1820 appeared as the epitome of gracious living. The Prince Regent's favourite architect, John Nash, was busily redesigning a corner of central London to elevate its layout to a more monumental status with the inclusion of a great triumphal way. This area, incorporating a boulevard, residential crescents and long vistas, was designed to stretch from Regent's Park down Street to culminate in the newly converted (by Nash) Buckingham House. London was awash with the money flooding in from the developing British Empire and its wealth could be seen in the opulence of the houses being constructed in the fashionable West End. Join lecturer and author Tim Potter for an enlightening discussion of the eccentric characters and the historical forces that shaped the vision of London during its Regency coming-of-age.

REGENCY LONDON WALK – HISTORY OF LONDON SERIES

When: Tuesday 20 October, 11:00am – 1:00pm

Where: Meeting point to be confirmed upon registration

Cost: £20.00

Activity Leader: Stephanie Guyett, british2@kcwc.org.uk

London in the period from 1780–1820 enjoyed tremendous wealth being created in the East by the burgeoning empire and fueling material benefit domestically. Goods flowed up and down the recently built Regent's Canal and elegant domestic construction was booming. Join us as we explore with Tim Potter the remaining glories of this period as we go down the canal from the majesty of Regent's Park to the new industrial base around King's Cross.

MEET THE BLOOMSBURY SET LECTURE – HISTORY OF LONDON SERIES (VIRTUAL)

When: Tuesday 3 November, 2:00pm – 3:30pm

Where: Virtual lecture via Zoom

Cost: £12.00

Activity Leader: Stephanie Guyett, british2@kcwc.org.uk

"They lived in squares ... and loved in triangles." So said Dorothy Parker about the Bloomsbury Group, also known as the Bloomsbury Set. In the first half of the 20th century, Bloomsbury was the intellectual heart of London and of Britain. The fine Georgian and Regency squares housed the British Museum, Senate House, University College and the Dickens Museum. Bloomsbury rose to prominence, and some notoriety, with the emergence of a group of intellectuals clustered loosely around Clive and Vanessa Bell and Leonard and Virginia Woolf. Members included J M Keynes and E M Forster, while T S Elliot, George Orwell and Bertrand Russell all had very strong links to the area. Tim Potter will review the intellectual life of the Bloomsberries and try to understand why they were so representative of the age.

MEET THE BLOOMSBURY SET WALK – HISTORY OF LONDON SERIES

When: Tuesday 10 November, 11:00am – 1:00pm

Where: Meeting point to be confirmed upon registration

Cost: £20.00

Activity Leader: Stephanie Guyett, british2@kcwc.org.uk

Join us for our final walk of 2020 through the Bohemian world of early 20th century London. Tim Potter will guide us through the beautiful squares and houses where the influential Bloomsbury Set lived and loved. Listen as luminaries such as Virginia Woolf and Lytton Strachey come to life as only Tim can make them.

Classical Music & Opera

Activity leader:

Phyllia Chen

music@kcwc.org.uk



We welcome anyone who is interested in exploring the wealth of classical music and opera that London has to offer. Join us and share the experience with other music lovers.

Contemporary Arts

Activity leaders:

Ramona Galardi

contemporary@kcwc.org.uk

Edee Simon-Israel

contemporary1@kcwc.org.uk



We meet six times a year to visit contemporary art galleries around London. The aim is to meet gallery directors and curators and have a conversation about the art on display. Comments and critiques are highly encouraged and no experience or knowledge of art is necessary.

Country Walks

Activity leader:

Emine Clark

countrywalks@kcwc.org.uk



The beautiful English countryside is criss-crossed with many interesting walking routes. This is a group for those who like to get out of the big city and explore the countryside on foot. We will travel by train and also stop for a lunch break.

Each of our walks has been given a rating between 1 (undemanding) to 9 (the most effort required). They take into account the length of the walk, the amount of climbing, and the steepness of the terrain.

Creative Arts

Activity leader:

Lisa Evans

creativearts@kcwc.org.uk



Dancing Together

Activity leader:

Elisabetta Astolfi

dancing@kcwc.org.uk



Dancing Together is a great way to keep fit, burn calories and have fun. Remember our motto: If you can move you can dance. Until we can meet at our regular venue, sessions take place in the open air in Hyde Park. Subject to weather so check the forecast and website, or contact the Activity Leader for more information.

After class please join us for a ladies' drink in the Park.

Empty Nesters

Activity leader:

Rachel Le Vay Kriger

emptynesters@kcwc.org.uk



Empty Nesters are KCWC Members with children who are away at university, have recently graduated or who have joined the job force. Individual activities, however, are usually open to any KCWC Member.

Evening Speaker Series

Activity leader:

Bee Robb

eveningspeakers@kcwc.org.uk



We usually meet over wine and canapés from 6:30 – 8:00pm to hear a range of talks that share great stories and ideas. Look for future activities with full details on the KCWC website.

Foodies

Activity leader:

Maria Puleio

foodies@kcwc.org.uk



Join Foodies and explore world cuisine, new food trends and more. Learn about good nutrition and how to prepare some of the world's most well-loved recipes. Guided by chefs from a variety of backgrounds, our meetings will take on various formats: lectures, demos and practical workshops all in a friendly atmosphere. Come discover new and interesting places around London in the company of like-minded members.

WHAT DOES YOUR BODY REALLY NEED? DISCOVERING THE POWER OF HYDRATION AND ALKALINE FOOD (VIRTUAL)

When: Thursday 17 September, 11:00 am – 1:00 pm

Where: Virtual presentation via Zoom

Cost: £22.00

Activity Leader: Maria Puleio, foodies@kcwc.org.uk

Cécile and Anna have joined forces to dive into the world of hydration and body alkalinity.

Is drinking plenty of water the only solution to restoring hydration? Are you sure that all water is “good” water? What is alkalinity? Why is it so important that we feed our body with the right ingredients?

These are just a few of the questions we will be discussing, accompanied by a delicious alkaline-based recipe that you will make with Cécile: a rainbow salad with citrus dressing! A list for shopping and kitchen essentials will be sent separately before the class.

Join us for a full immersion into healthy tips and tricks that will lead you to understand why your body should receive the right nutrients and attention it deserves. It is the smallest changes that bring the greatest results.

TASTING ITALY – OLIVE OIL (VIRTUAL)

When: Thursday 22 October, 5:45pm – 8:00pm

Where: Virtual presentation via Zoom

Cost: To be confirmed

Activity Leader: Maria Puleio, foodies@kcwc.org.uk

Foodies is hosting an olive oil tasting conducted by Giulio Scatolini, International Olive Oil Taster, assisted by Ilenia Zema.

A tasting kit, containing four different olive oils from various Italian producers, will be delivered to your home prior to the lecture.

Our journey will take us through the history and the flavour of Italian olive oil. Let your senses discover the aromatic, floral and bitter bouquet of the most exquisite product of the Romans and Greeks in ancient times.

We will be learning how to develop our senses in order to taste olive oil and also how to pair it with different types of food. Don't miss out on this event!

Glorious Gardens

Activity leaders:

Lucy Schoonhoven
Sarah Coleby

gloriousgardens@kcwc.org.uk



Glorious Gardens organises a variety of informative trips to interesting gardens and green spaces within London and occasionally, further afield. We are unable to proceed with our planned 2020 visits at this time, as many gardens are still unable to welcome groups due to the COVID-19 pandemic. Please keep checking our website for any updates.

HEALING PLANTS – AN EDUCATIONAL STROLL AROUND BROMPTON CEMETERY

When: Wednesday 23 September, 11:00am – 12:30pm

Where: Meeting point is the North Gate of Brompton Cemetery, SW5 9JE

Cost: £20.00

Activity Leaders: Lucy Schoonhoven & Maria Puleio (Foodies)

Come strolling with us in Brompton Cemetery to learn about the wild plants around us that can be used as medicine. Discovering the nutritional and medicinal richness under our feet is a doorway into another world – of reciprocity between us and nature. Alex Laird, Medical Herbalist, will identify the many beautiful plants and so-called weeds we can use, grow or find in our garden and give them new meaning.

You'll learn how to use some plants as foods and medicine, and how to recognise authentic herbal products. Alex will bring a long-infused tea and some foods and herbs to nibble and identify their phytonutrients through taste and colour.

Meet at 10:45am for a prompt 11:00am start. Be prepared in case of rain, although the cemetery has cover and a café.

This activity is co-listed with Foodies, but please contact Lucy if you have any questions.

Golf

Activity leaders:

Géraldine Lamy
Jilly Ferrero

golf@kcwc.org.uk



We are keen to have you join our relaxed, friendly and non-competitive group regardless of your golfing ability. We play various courses around London and the Home Counties. We also organise access to group tuition from time to time. Please contact the Activity Leaders to sign up and be kept informed of our playing schedule.

Healing Arts

Activity leader:

Ramona Galardi

healingarts@kcwc.org.uk



The Healing Arts activity group will explore a variety of healing techniques and cover topics such as:

- Reiki, an ancient Japanese form of energy renewal by the laying on of hands on the body
- Chakras or energy centres in the body, their relationship to the endocrine system, colours
- Meditations – a variety of techniques – Sound, Movement, Guided.

Hospitality

Activity leaders:

Morning Coffees	Amanda Thompson	hospitality1@kcwc.org.uk
Lunches	Anne Koutsabeloulis	hospitality@kcwc.org.uk
	Jilly Ferrero	
	Lisa Woodcock	
Happy Hours	Elisabetta Astolfi	hospitality2@kcwc.org.uk



Your Hospitality hostesses are working hard to solve the riddle of Socially Distanced Social Events. Our programme of post General Meeting luncheons is currently a work in progress. We sincerely hope to offer a luncheon after our General Meeting Speaker Series on 8 October but, at the time of publication, no venue could be secured. Please be alert to our website and eNews for updates. We look forward to welcoming you with customary **KCWC** Hospitality.

NEW MEMBERS' COFFEE MORNING – BY INVITATION ONLY

When: Wednesday 7 October, 10:00 am – 11:30 am

Where: Royal Thames Yacht Club, 60 Knightsbridge SW1X 7LF

Cost: None

Activity Leader: Amanda Thompson, hospitality1@kcwc.org.uk

KCWC has a tradition of formally welcoming new members to our international women's organisation. Sadly, our last event in March was a victim of lockdown cancellation. We hope circumstances will allow us to greet all on that previous *Invitation Only List*, as well as new members who have joined KCWC since March. Please be on the lookout for your Invitation coming to you from the Membership Team. In consideration of social distancing, we will moderate attendance and do our best to include a few Activity Leaders to introduce you to KCWC and its many offerings alongside your chance to meet other new members. We look forward to welcoming you to KCWC!

HAPPY HOUR: COCKTAILS ON ZOOM (VIRTUAL)

When: Thursdays (contact the Activity Leader for details)

Where: Virtual via Zoom

Cost: None

Activity Leader: Elisabetta Astolfi, hospitality2@kcwc.org.uk

I look forward to welcoming you to our lovely monthly get-together...still on Zoom! Still us, still on a Thursday, still looking forward to enjoying, relaxing, unwinding and sharing our experiences.

Register online to receive a cocktail recipe and Zoom code that will transport you to our virtual meeting place. Cheers!

Languages

Activity leaders:

English	Elena Garcia Ortiz de Apodaca Usha Kumar	english@kcwc.org.uk
French	Geneviève Sentier Claire Joly	french@kcwc.org.uk
German	Eva Meininger	german@kcwc.org.uk
Italian	Maria Puleio	italian@kcwc.org.uk
Spanish	Maria Giovanna Limongi Elisabetta Astolfi	spanish@kcwc.org.uk



Experience the international flavour of our Club and practise your language skills with native speakers. Join us to make friends, improve your fluency and gain in cultural knowledge.

Please contact the relevant Activity Leader for the language group you wish to join.

LANGUAGES – ENGLISH

Would you like to improve your spoken English or help others with their English whilst meeting women of different nationalities? If so, then please join us for lively discussions. New members are most welcome.

ENGLISH CONVERSATION (VIRTUAL)

When: Thursdays 1, 15 and 29 October, 12 and 26 November, 11:00am – 12:30pm

Where: Virtual discussion via Zoom

Cost: None

Activity Leaders: Elena Garcia Ortiz de Apodaca & Usha Kumar,
english@kcwc.org.uk

LANGUAGES – FRENCH

Welcome to the online French Conversation Group! If you would like to maintain and improve your French, we will give you opportunities to practice this language amongst a pleasant group of international ladies. Themes will be given in advance so you can prepare them at home before discussing with the group. A good level of French is required.

FRENCH CONVERSATION (VIRTUAL)

When: Tuesday 22 September, 11:00 am – 12:30 pm

Where: Virtual discussion via Zoom

Cost: None

Activity Leader: Geneviève Sentier, french@kcwc.org.uk

LANGUAGES – GERMAN

Would you like to improve your spoken German and gain more confidence? In this group you have the chance to practise in a friendly, supportive atmosphere. We meet every fortnight on Wednesdays at 10:30am and discuss a topic of interest. Please register with the Activity Leader as our venues do vary.

LANGUAGES – ITALIAN

We are a group of women from various backgrounds who enjoy reading and discussing Italian culture and other topics of interest. Come and try our friendly sessions – you will surely enjoy your time with us.

ITALIAN CONVERSATION (VIRTUAL)

When: Tuesdays, 10:30am

Where: Virtual discussion via Zoom

Cost: None

Activity Leader: Maria Puleio, italian@kcwc.org.uk

LANGUAGES – SPANISH

Hola! If you are looking for an opportunity to improve or practice your Spanish language skills, do join our lively group of Spanish speakers. We meet monthly on a Thursday morning and enjoy combining conversation with periodic outings. If you enjoy interesting discussions, wish to improve your fluency and make new friends, please join us to discover more. We look forward to welcoming you.

LONDON AND ITS MASTERPIECES (SPANISH LANGUAGE VIRTUAL TOUR)

When: Thursday 10 September, 10:30am – 12:00pm

Where: Virtual presentation via Zoom

Cost: To be confirmed

Activity Leader: Maria Limongi, spanish@kcwc.org.uk

Please join us for this exciting virtual tour in Spanish with Maria Luz Gartner. Maria Luz is a lawyer and musician, who has a diploma in Arts Management and has been a Blue Badge Guide since 2004. Together, we will visit some of the most famous galleries and will hear about a few of the masterpieces that you can find in this great city. We will have the opportunity to discover or rediscover the following masterpieces: The Virgin of the Rocks, by Leonardo da Vinci at the National Gallery; Cartoons for the Sistine Chapel, by Raphael at the V&A; The Rokeby Venus, by Diego Velazquez at the National Gallery; Self-Portrait with Two Circles, by Rembrandt at Kenwood House; and others from Picasso, Millais and Rodin. The virtual tour will last 45 minutes and we will have a further 30 minutes for questions and conversation. All levels of Spanish are welcome. Please keep in mind that the talk will be given in Spanish, although Maria Luz will answer questions in English as well.

London Walks

Activity leader:

Geneviève Sentier

londonwalks@kcwc.org.uk



We explore a variety of interesting areas and venues in London, on foot!

ARTISTS ABOUND: HOLLAND PARK

When: 16 September, 10:30am – 12:30pm

Where: Meeting point is Holland Park Underground Station W11 3RB

Cost: £20.00

Activity Leader: Geneviève Sentier, londonwalks@kcwc.org.uk

Join our guide Rachel Kolsky for a tour of this delightfully tranquil neighbourhood to discover the stories behind a group of late 19th century artists' studio-houses that made up the "Holland Park Circle", including the studios of Lord Leighton and Holman Hunt. The architecture is fascinating and includes Tower House, built by William Burges and later home to Richard Harris and now Jimmy Page of Led Zeppelin! The park itself is one of London's gems, complete with a Japanese garden, open-air theatre and the original Holland House. The tour will last approximately two hours.

LISSON GROVE TO THE NEW WEST END SYNAGOGUE

When: Monday 12 October, 10:30am – 1:00pm

Where: Meeting point is Ladbroke Grove Underground Station

Cost: £20.00

Activity Leader: Geneviève Sentier, londonwalks@kcwc.org.uk

Not so long ago, Notting Hill was defined by slum landlords and as home to a strong Caribbean community, together with a small but vibrant Jewish community (of which Pa Kolsky, father of our guide Rachel, was a member). Take this opportunity to discover its transformation and hear the story of the New West End Synagogue and its fascinating community, including Rothschilds, Franklins, Montagus and suffragettes.

PLEASE NOTE: This walk originates outside Ladbroke Grove Underground Station. The reference in the title to "Lisson Grove" harks back to a time when this area was part of the medieval manor of Lilestone, which stretched as far as Hampstead to the north.

Mahjong Mornings

Activity leader:

Amanda Stanton

mahjong@kcwc.org.uk



We welcome everyone from beginners to those who have played any version of Mahjong previously. It's great fun and a wonderful way to spend the morning with friends, old and new!

When: Fridays, 10:30am – 12:30pm (check with Activity Leader for dates)

Where: The Phoenix Pub & Restaurant, 23 Smith Street SW3 4EE

Cost: None. Drinks/lunch your own tab. One time book purchase per description below.

Activity Leader: Amanda Stanton

We will play for two hours on Friday mornings. Members are encouraged, but not obligated, to stay and enjoy lunch at The Phoenix (which has generously agreed to host our meetings at no charge by ordering drinks while playing and/or staying for lunch). There is no charge for this activity but players will need to purchase a Mahjong book (c. £10.00) to bring to each meeting.

Prompt arrival each week at 10:30am is critical, as is attendance confirmation by Thursday 12:00pm each week to ensure we have enough mahjong sets and players.

Study of Buddhism

Activity leader:

Veronica Wetten

buddhism@kcwc.org.uk



Please join us for our virtual monthly meeting. We will learn the teachings of the Buddha and the principles of Buddhism. The understanding and application of these will help us to enhance and enrich day-to-day life, resulting in more inner peace and balance. We will have virtual meetings until it is safe to meet again in person. We meet once a month, generally on a Friday, for one and one-half hours. Our discussion is followed by a short meditation.

STUDY OF BUDDHISM MONTHLY MEETING (VIRTUAL)

When: Friday 18 September, 11:30am – 1:00pm

Where: Virtual discussion via Zoom

Cost: None

Activity Leader: Veronica Wetten, buddhism@kcwc.org.uk

Tennis

Activity leader:

Kathleen Crook

tennis@kcwc.org.uk



We play intermediate level social, fun, but competitive tennis and have a coach for each of the two-hour sessions. We play indoors so weather is never an issue. Kindly contact the Activity Leader for more information.

Theatre

Activity leader:

Pirkko Harno

theatre@kcwc.org.uk



We enjoy visiting the theatre in small groups, seeing a variety of shows and plays and often at a group discount.

This activity is currently on hold until we can enjoy live performances again – keep checking our website for updates.

Travel Group

Activity leaders:

Ellen Shapiro

Jennifer Robert

Maree Mizon

travel1@kcwc.org.uk

travel2@kcwc.org.uk

travel5@kcwc.org.uk



Travel Group offers a variety of trips. We may spend the day somewhere nearby London or venture further afield exploring historic UK venues. We also travel abroad with guided visits focused on art, history, as well as an annual walking trip.

Wine Society

Activity leader:

Renee Singh

wine@kcwc.org.uk



Come along and increase your knowledge as we explore beautiful old and new world wines.

ACTIVITIES OPEN

Bark in the Park, Crafts (Knitting or Needlepoint), Fitness, Languages/Arabic, Passion for Fashion, Photography, Techy Teas.

Contact the ALL Sandy Thwaites at activity@kcwc.org.uk if you are interested in leading one of these activities or starting a new one of your own.

KCWC ONLINE RESOURCES

WEBSITE – www.kcwc.org.uk

Activities – View the Calendar and search for any activity category that you would like to explore. Learn about upcoming activities, General Meeting Speaker Series and Hospitality events.

News – Read the latest online version of the Newsletter, see the listings of members' Classified Ads and learn how to advertise on our Website. You can also find a Photo Gallery of members at various activities.

Membership – Use this area to update your membership information, check out our Member Benefits, the club's by-laws and to renew your membership.

Member Benefits – Find out about exciting offers and discounts available to all members with direct links to each organisation.

FACEBOOK – www.facebook.com/kcwc.kcwc

Stay up-to-date with KCWC activities and events, connect with other members and learn more about what's ahead on our group Facebook page. Photos are sent to Social Media@ and members can post their own, but approval is needed directly online.

TWITTER – www.twitter.com/kcwc_womensclub

Follow the latest happenings in and around London with KCWC on Twitter.

INSTAGRAM – www.instagram.com/kcwcWomensClub/

MEMBERS' CREATIVE CORNER

*Like butterflies emerging from cocoons
We are about to see each other soon.
With luck we won't show age too much
Dare we even hope to touch?*

*Long and hard it's been without our friends.
It seems impossible to comprehend
Ages since we've shared a meal
Or lived a moment that felt Real.*

*Sanitising gels and washing hands
Distance from each other as we stand.
The debate – to mask or not to mask?
Hug and kiss? We best not ask!*

*The world has certainly gone askew
We shudder if we hear "Ah-choo!"
A cough nearby sends us to reel
We've had to learn how not to feel.*

*Like robots in a private sphere
How strange to be alone and fear.
Our days are only a routine
Life has lost its glow, its sheen.*

*But we here at KCWC
We try to fill your time with glee.
Our goal is to restore your smile
And distract you if but for a while.*

*Come back to our activities
Our volunteers worked an eternity
To organise a walk or Zoom
Covid you'll forget real soon!*

*We need each other more and more
To appreciate the underscore
Its life to live and friends to make
That keeps us sane and stops heartache.*

*Listen to your spirit sing
KCWC will joy you bring
We are learning, friends and London fun
And our season has only just begun!*

By Mary Narvell

Submit your creative writing to newsletter@kcwc.org.uk for a chance to have your writing appear in our next newsletter issue.

COOKERY CORNER

During lockdown, our Foodies group was very busy hosting a variety of cooking demonstrations, much to our delight. We asked Joy Phillips, from Kitchen Joy Cookery School and Chef Danny Martin, from Satyrio Restaurant, to submit a recipe for our Members to try at home. Chef Marcus Wareing, whom you might recall speaking at one of our General Meetings, was also happy to share his “royal” custard tart recipe.

CAULIFLOWER TABBOULEH

By Joy Phillips

Ingredients – Serves 4

- 2 medium heads of cauliflower
- Tbsp butter
- 2 red onions or 2 bunches of spring onions, finely chopped
- 4 large tomatoes, diced
- 3 large handfuls of fresh parsley, finely chopped
- Large handful of mint leaves, finely chopped
- Juice of 1 lemon
- 6 tbsp extra virgin olive oil
- Sea salt and black pepper to taste

Toppings: chopped radishes, nuts or seeds (such as almonds, pistachios or sunflower seeds), to garnish.

Remove the cauliflower leaves and the tough end of the stalk. Grate the cauliflower into rice-sized pieces using the slicing attachment of a food processor or the coarse side of a hand-held grater.

Kitchen Joy Cookery School

www.kitchenjoycookery.com/

www.facebook.com/nutritionalcookeryclasses/

www.instagram.com/kitchenjoycookery/



Method

Steam the grated cauliflower in a saucepan, lid on, with a couple of tablespoons of water and the butter. Over medium heat, it should take roughly 4–6 minutes for the cauliflower to cook (not too soft!). Check there is enough water at the bottom of the pan so that the cauliflower doesn't burn. Drain any excess water and tip the steamed cauliflower into a large serving bowl.

While the cauliflower cools, chop up the rest of the ingredients, then combine everything together. Season to taste.

COOKERY CORNER

CUSTARD TART

By Chef Marcus Wareing

(reprinted with permission)

This is the tart that Marcus served to the Queen in 2006 for her 80th birthday. Serve it at home for a slice of royalty.

Ingredients – Serves 6

- Tart Pastry
- 225g of flour
- Pinch of salt
- 1 lemon, zest only
- 150g of butter
- 75g of caster sugar
- 1 egg
- 1 egg yolk

Custard Filling

- 9 egg yolks
- 75g of caster sugar
- 500ml of whipping cream
- 2 whole nutmeg, for grating

Method

Preheat your oven to 170°C/gas mark 3.

Tart Pastry

Rub together the flour, salt, lemon zest and butter until the mixture resembles breadcrumbs. Add the sugar.

Beat together the egg yolk and whole egg and slowly add to the mixture. Mix until the pastry forms a ball. Wrap tightly in cling film and refrigerate for two hours.

Line your tart tin (18cm/7in) with greaseproof paper and place on a baking sheet.

Roll out the pastry on a lightly floured surface to 2mm in thickness. Carefully arrange the rolled pastry into the tray and



use any excess pastry to push into the corners to ensure the pastry is flush with the tray. Line the inside of the pastry with baking paper, covering all parts of the pastry.

Fill the lined tart shell with ceramic baking beans, rice or dry pulses. Bake blind for about 10 minutes or until the pastry is starting to turn golden brown. Remove the beans, rice or pulses, and allow to cool.

While cooling, turn the oven down to 130°C/gas mark 1 so you can cook your custard tart.

Custard Filling

Bring the cream to the boil. Whisk the yolks and sugar together then add the cream and mix well. Pass the mixture through a fine sieve into a jug.

Place the empty pastry case in the oven then pour the custard mix right to the brim. Grate the nutmeg liberally over the top then bake for 30–40 minutes or until the custard appears set but not too firm.

Remove from the oven and allow to cool to room temperature before serving.

www.marcuswareing.com

COOKERY CORNER

MADEIRA STEAK FILLET

By Chef Danny Martin

This colourful dish is one of the most popular main courses served at **Satyrio Restaurant** in London, by Chef Danny Martin. Chef Martin was a guest at one of our recent virtual Foodies events. This slow cooked beef fillet is served with three sauces, creating contrast and balance, combining the finest cut of meat with our Chef's creativity. The original recipe was adapted for the home cook.

Ingredients – Serves 2

2 beef fillets (200g roughly)
¼ teaspoon salt
¼ teaspoon coarse black pepper
2 rosemary stems
2 garlic cloves
30ml olive oil

Madeira beef gravy

3 kg beef bones
50ml olive oil
1 large white onion, finely chopped
2 carrots, finely chopped
3 celery stalk, finely chopped
60ml blueberry vinegar
1 whole head of garlic
5g fresh rosemary
5g thyme
3 bay leaves
4g black peppercorns
4g juniper berries
3lt of madeira fortified wine

Hollandaise sauce

3 eggs
1 tsp English mustard
250g butter
50ml white wine vinegar
A pinch of salt



Beetroot cream

3 beetroots
70ml vegetable stock
20ml apple cider vinegar
30ml olive oil
A pinch of salt

Liquid salad

1 bunch mâche greens
8 small cherry tomatoes
15g rocket leaves
40g blueberry vinegar
40ml olive oil

Madeira beef gravy preparation

Pre-heat the oven at 190°C. Place beef bones in a deep pan in a single layer. Roast for 30 minutes, stirring occasionally.

In a separate deep pan, gently fry the vegetables until golden brown. Add herbs, stir, and allow to cook for 3 minutes. Add black peppercorns and juniper berries and cook on low heat.

Add roasted bones and turn the heat up. Add blueberry vinegar and allow liquid to evaporate. Add madeira fortified wine, reduce heat and gently simmer until a third of the liquid has evaporated and the sauce has thickened.

Pour the sauce through a fine mesh sieve and let cool. Once it has reached room temperature, it can be stored in the fridge up to 12 hours before it is needed.

When ready to use, remove the fat on the surface, place in a saucepan over low heat and simmer until you have a thick sauce. Season to taste.

Hollandaise sauce preparation

Place the butter in a sauce pan and melt on very low heat until clarified (you'll see solids on the bottom of the pan). Pour the butter through a sieve and keep the clarified butter at room temperature. Discard the solids.

Separate the eggs. In a heat-proof bowl, add the egg yolks, mustard, pinch of salt and white wine vinegar. Whisk all the ingredients until you obtain a smooth mixture.

Place a pan of water on a hob and the heat-proof bowl with the mixture on top. Turn heat on. Whisk the mixture while pouring the clarified butter in a slow and steady stream. Keep whisking over low heat until the mixture thickens. Remove from heat and set aside.

Beetroot cream preparation

Boil or bake the beetroots until tender. Let cool then add olive oil and season.

Place cooked beetroot in a blender with 2/3 of the vegetable stock and blend until smooth. Then slowly add in the olive oil.

Pour the mixture through a fine sieve. Season to taste. Store in refrigerator until ready to use.

Liquid salad preparation

Place the washed/drained mâche greens, rocket and tomatoes in a blender. Add the blueberry vinegar and salt. Blend until smooth. Slowly add the olive oil while blending. Pour the mixture through a fine sieve and set aside until ready to use.

Beef fillets preparation

Season beef fillets with salt, pepper and olive oil on both sides, put in a zip bag with the rosemary stems and garlic cloves. Set aside/refrigerate until ready to cook, ensuring you bring them back to room temperature before cooking.

Final cooking stage and plating

Have all your sauces ready/heated.

Put a pan on medium-high heat. Cook the beef fillets, 4–6 minutes per side. Put in plates.

Using a different spoon for each of the 3 sauces, add each one in turn around the fillet, being as creative as you like. Finish by topping the beef fillets with a generous spoonful of the Madeira beef gravy. Serve and enjoy.

www.satyrio.co.uk

ADVERTISING INFORMATION

UPCOMING DEADLINE:
19 OCTOBER FOR THE DECEMBER–MARCH NEWSLETTER

Corporate Advertising Manager: Elisabetta Astolfi
advertising@kcwc.org.uk

CORPORATE ADS

Corporate ads are open to members and non-members. These are full-page adverts, cover ads, loose inserts, eNews ads and also logo ads on the KCWC website. Discounts are available for multiple/repeat ads. Please contact advertising@kcwc.org.uk for information on how to buy and submit a corporate ad.

CLASSIFIED ADS

Classifieds are not text only. If possible, photos can and should be added as well.

Member Personal Ads alerting members to the availability of nannies, household help, handymen or used household goods are free online and £40.00 in the newsletter, limited to 25 words. Discounts may be offered for multiple ads.

How To Place a Classified Ad in the Newsletter – Send an email to the Classified Advertising Coordinator at classifieds@kcwc.org.uk. Include the text for the ad, your full name, membership number, telephone number and postal address. You will be given payment instructions once your ad text is received.

How To Place Classified Ads Online – Instructions can be found in the ‘Classifieds’ section, www.kcwc.org.uk.

STANDING RULES FOR ALL ADS

Advertisements cannot be accepted after the deadline. All submissions must be received by 5:00pm on the deadline date with full payment. KCWC reserves the right to refuse to publish any advertisements it deems inappropriate. If the Board receives three written complaints from members about an advertiser, the advertiser will be prohibited from advertising in future newsletters. **Contact the Advertising Manager on advertising@kcwc.org.uk.**

The advertisements in this Newsletter are from independent vendors with no other association or affiliation with KCWC. KCWC makes no representations, guarantees, warranties or other assurances as to the products and services offered. Items offered in ‘For Sale’ ads are subject to prior sale at sole discretion of Seller.

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Theresa Klassen vp@kcwc.org.uk

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Caroline Gervais treasurer@kcwc.org.uk

Activity Leader Liaison:

Sandy Thwaites activity@kcwc.org.uk

Events Coordinator:

Anne Koutsabeloulis events@kcwc.org.uk

Marketing Manager:

Vivien Matthews marketing@kcwc.org.uk

Advertising & Member Benefits:

Elisabetta Astolfi advertising@kcwc.org.uk
benefits@kcwc.org.uk

Membership & Hospitality:

Maria Puleio members@kcwc.org.uk

*non-Board role: Membership Support – Amanda Thompson

Newsletter:

Claudia Marchetti newsletter@kcwc.org.uk

eCommunications Manager & Web Manager:

Karen Gustovich ecomunications@kcwc.org.uk

CLASSIFIED ADS

- Have theatre tickets you now can't use?
- Moving house and looking to sell unwanted items?
- Spare weeks in your vacation villa to rent?
- Fantastic charity event you want to publicise?
- Looking for someone to help you in your home?

Non-Business Classified Ads on the KCWC website are **FREE** to our members.

Contact classifieds@kcwc.org.uk

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KCWC PRIVACY POLICY AND GDPR

The KCWC Privacy Policy sets out how we, Kensington Chelsea Women's Club (trading as KCWC), collect, store and use information about you when you use or interact with our website.

This Privacy Policy is available at www.kcwc.org.uk/privacy-policy.

You can contact the data controller by writing to:

KCWC, A/C Bookwise
Lavender House
172A Toms Lane
Kings Langley
Herts WD4 8NZ

or sending an email to info@kcwc.org.uk

By ticking the "Photo Permission (GDPR)" box in your online membership form, you revoke KCWC's right to use your image on club related publications and media.

ADVERTISER INDEX

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Photo: Rural Greece



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